COVID-19 Quarantine and Isolation Guidance

What to do if you HAVE COVID-19:

- Stay home for at least 5 days after symptoms start, or 5 days after a positive test if asymptomatic.
- Stay away from other people as much as possible (including those in your own household).
- If you can't stay away from other people in your household, wear a three-layer (or better) mask.

Do you have a fever or other symptoms that haven't started to get better on day 6?

YES

- Stay home until your fever is gone

  And

- Wear a mask around others for the next five days

NO

- Resume activities with a mask

  And

- Wear a mask around others for the next five days

If you are having symptoms of COVID-19 and waiting for test results, stay home until you get your results.

What to do if you were EXPOSED to someone who has COVID-19:

Are your COVID-19 vaccines up to date* or have you tested positive for COVID-19 in the 90 days before your exposure?

YES

- Wear a mask around others for 10 days after your last exposure.
- Test on day 5.
- IF you develop symptoms or test positive, stay home, and follow the chart on the left-hand side of the page.

NO

- Stay home for 5 days after your last exposure. Then, wear a mask around others for the next five days. (Day 1 is the day following your last day of exposure)
- Test on day 5.
- IF you develop symptoms or test positive, stay home, and follow the flow chart on the left-hand side of the page.

*Your COVID-19 vaccine is up to date if:

- You have received all recommended boosters of any COVID-19 vaccine
- You completed the primary series of Pfizer or Moderna vaccine less than 6 months ago
- You completed the primary series of Johnson and Johnson vaccine

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NOBLE COUNTY
HEALTH DEPARTMENT